

Playing in groups



Reader note: while these stories have been developed to support all young people's participation in footy, we recommend that you speak with your child about the concepts and examples in a way that is relevant to your child.

Playing NAB AFL Auskick can be fun!



At Auskick, we often play games in groups.



It can sometimes be hard playing in groups.
Some players might get in the way.



Sometimes, I may not understand what the other players are doing and how I can play too. I may not always know how to join in with the other players.



I may get scared of other players being too close to me.



Sometimes, people can find it hard playing in groups. But, there are things I can do to help me play in groups.

I can ask another player or the coach how I can join in.



I can take a break from the group if I am feeling worried or stressed.

I can ask a helper to help me play in the group and understand what's happening.



Playing in groups can be lots more fun than playing alone!





AllPlay Footy is a joint initiative by Monash University and the AFL. AllPlay Footy was founded at Deakin University in 2015 and has been part of Monash Education since 2021. The AllPlay Footy content and resources presented here have been developed with people with lived experience of disability, consultants from National Sporting Organisations for People with Disability, psychologists and researchers, and are brought to you with funding from a Department of Social Services Information, Linkages and Capacity Building: Social and Community Participation Stream (2020-2021) grant. We aim to use language that is respectful to everyone.

Cartoon illustrations by Michelle Commandeur (www.commic.com.au)