

# Getting muddy and wet



***Reader note:** while these stories have been developed to support all young people's participation in footy, we recommend that you speak with your child about the concepts and examples in a way that is relevant to your child.*

Playing footy can be fun! Sometimes, there is a lot of rain when the footy season is on and so the footy oval gets muddy. Sometimes when I play NAB AFL Auskick, it is raining.



The football can get slippery and my clothes might get wet, muddy and dirty. Lots of people don't like getting muddy and wet! That's okay. There are things I can do to help me keep playing footy when it is muddy and wet.



I can practise footy at home when it is wet and get used to touching a slippery football. I can use a raincoat or gloves, if that makes me feel better.



I can ask the coach if I can move under cover when it is raining at Auskick.



When Auskick is finished, I go home and my wet and muddy clothes can be cleaned. I can have a shower at home and get clean again. Getting wet and muddy isn't always fun, but playing footy can be!





*AllPlay Footy is a joint initiative by Monash University and the AFL. AllPlay Footy was founded at Deakin University in 2015 and has been part of Monash Education since 2021. The AllPlay Footy content and resources presented here have been developed with people with lived experience of disability, consultants from National Sporting Organisations for People with Disability, psychologists and researchers, and are brought to you with funding from a Department of Social Services Information, Linkages and Capacity Building: Social and Community Participation Stream (2020-2021) grant. We aim to use language that is respectful to everyone.*

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