

## HOW TO PLAY

1 Players kick the ball to each other around the triangle. After a while, switch direction and keep practising.

2 Once the players get the hang of it, add the fourth cone to make a square.

3 A player without the ball runs to the vacant cone to receive the kick. Then another player runs to the new vacant cone to receive the next kick.

4 Speed up the game by having players "play on" and kick quickly after they mark the ball.

## EQUIPMENT

1 football and 4 cones for every 3 Auskickers.
An adult per group.


## SET-UP

For every group of three, place down three cones kicking distance apart to make a triangle. Send an Auskicker to each.
Keep a fourth cone up your sleeve, as you'll turn the triangle into a square later on.

## CHANGE IT UP

-Try having players practise 'pushing back off the mark' after they've caught the ball. (Stepping back a few metres from where they marked the ball before taking their kick.)

- Players can try using their opposite foot.

